

McKay Dee Surgical Center

Patient Information

Welcome!

Thank you for choosing McKay Dee Surgical Center for your procedure. We realize that you may be nervous or uncomfortable about your procedure. Our goal is to help you feel safe, welcome, and at ease.

If there is anything at all that we can do to make your stay with us more comfortable, **PLEASE LET US KNOW.** We will accommodate you to the best of our ability.

About the center

- **Location:** 3895 Harrison Blvd. North of the main hospital campus, across from the main entrance to Weber State University.
- **Phone Number:** 385-470-3660
- **Check-in:** On the second floor. Please bring a photo ID and your medical insurance card.
- **Wi-Fi:** Is free. Laptops, cell phones and tablets are all welcome in the waiting room. However, please turn them off during check-in, or while you are in the patient area.
- **Family/Visitors:** One healthy adult visitor is allowed per patient unless the patient is a child, then two adults are allowed. It is recommended that visitors bring a jacket or sweater, as it can get cold in the waiting room year-round.
- **Bistro:** Located on the first floor; open from 7am-3pm (closed for lunch 10:15-10:45.) Food and drinks are welcome in the waiting room.

Pre-Surgical Information

- **Pre-registration:**
Our business office will call to review your payment and insurance information with you. If you wish you may complete pre-registration by calling 385-470-3660 option #7. If you see this number on your phone, **please accept the call.**
- **Pre-Screening:**
A nurse from the surgical center will call you a few days before your scheduled procedure to review your health history, medications, and give you pre-operative instructions. This call is necessary to ensure safe care and will take approximately 15-20 minutes. This call will come from 385-470-3660. Please accept the call, or you can call a nurse at that number (option #1) at a time that is convenient for you (no more than 3 days prior to your procedure.) If all nurses are busy, please leave a message with a convenient time to call you back.
- **Time of arrival:**
You will be called the day before your surgery, between 2-5pm, to give you your arrival time for the next day. If your procedure is on a Monday, we will call you the Friday before.

- **Pharmacy:**

Please make sure that you tell your provider where you want your prescriptions sent before the day of your surgery. For some, this location may differ from their normal pharmacy.

- **Food consumption:**

Please do not consume the following items after 11pm the night before your surgery: solid food, dairy products, gum, mints, candy, protein drinks (i.e. protein water, broths, etc.), energy drinks, or kombucha. You can have small sips of clear liquids up to 2 hours before you check in for your surgery. Clear liquids include water, sports drinks, black coffee, black tea (no milk or cream), or soda. If your surgery is before noon, don't drink more than 8 oz. If your surgery is after noon, don't drink more than 16oz.

No smoking, vaping, or any other tobacco after midnight.

*There are certain circumstances that require different dietary restrictions please refer to the "**Fasting Guidelines**" handout for additional information.

Day of Surgery

- **Check-in:**

We do our very best to estimate the time of each procedure and ask that you check-in at the time given to you by the nurse to minimize wait time. However, sometimes there are unexpected events that require an adjustment in your check-in time. If you are asked to come in early, several nurses may be with you at the same time to ensure that you are safely prepared for your surgery. If your check-in time is delayed or prolonged, please understand that our team is committed to taking as much time as necessary to safely complete each surgery. If adjustments are needed, we will do our best to keep you informed.

- **Meeting with your doctor:**

You will have a chance to speak with your doctor prior to your procedure. This is the time to ask any questions including medications you will be sent home with or share any concerns you still have. After surgery, we recommend that a responsible visitor is available to meet with the doctor to get any care information for you and ask any additional questions that you may have about post-op; you will still be recovering and may not retain any information given. At that time one of our staff members will call your visitor for their consultation. After talking to the surgeon, they will need to return to the waiting room for an additional 45-60 minutes while you recover.

- **Waiting:**

If you have been waiting for your procedure for more than 30 minutes in our waiting room, or visitors have been waiting more than 60 minutes after the procedure and talking with the doctor, please talk to our front desk receptionists and they will get you an update.

It is our hope that this information will make your stay with us more comfortable for you and your visitors. We look forward to serving you!

The Caregiving Team at McKay Dee Surgical Center